



SMART Recovery Meetings 2025



Harmony Within

Last Tuesday of each month

5:30pm – 6:30pm

Master's Manna

428 S. Cherry St.

Wallingford, CT 06492

SMART Recovery Meetings

EVERY Tuesday

7:00pm - 8:30pm

Master's Manna

428 S. Cherry St.

Wallingford, CT 06492

SMART Recovery Family & Friends

Meeting

EVERY Tuesday

6:00pm - 7:30pm

2nd Floor, 169 Colony St.

Training Room, Meriden, CT 06451

February

- 4th - SMART Recovery Family & Friends Meeting + SMART Recovery Meeting
- 11th - SMART Recovery Family & Friends Meeting + SMART Recovery Meeting
- 18th - SMART Recovery Family & Friends Meeting + SMART Recovery Meeting
- 25th - Harmony Within
- 25th - SMART Recovery Family & Friends Meeting + SMART Recovery Meeting

March

- 4th - SMART Recovery Family & Friends Meeting + SMART Recovery Meeting
- 11th - SMART Recovery Family & Friends Meeting + SMART Recovery Meeting
- 18th - SMART Recovery Family & Friends Meeting + SMART Recovery Meeting
- 25th - Harmony Within
- 25th - SMART Recovery Family & Friends Meeting + SMART Recovery Meeting

April

- 1st - SMART Recovery Family & Friends Meeting + SMART Recovery Meeting
- 8th - SMART Recovery Family & Friends Meeting + SMART Recovery Meeting
- 15th - SMART Recovery Family & Friends Meeting + SMART Recovery Meeting
- 22nd - SMART Recovery Family & Friends Meeting + SMART Recovery Meeting
- 29th - Harmony Within
- 29th - SMART Recovery Family & Friends Meeting + SMART Recovery Meeting

May

- 6th - SMART Recovery Family & Friends Meeting + SMART Recovery Meeting
- 13th - SMART Recovery Family & Friends Meeting + SMART Recovery Meeting
- 20th - SMART Recovery Family & Friends Meeting + SMART Recovery Meeting
- 27th - Harmony Within
- 27th - SMART Recovery Family & Friends Meeting + SMART Recovery Meeting

June

- 3rd - SMART Recovery Family & Friends Meeting + SMART Recovery Meeting
- 10th - SMART Recovery Family & Friends Meeting + SMART Recovery Meeting
- 17th - SMART Recovery Family & Friends Meeting + SMART Recovery Meeting
- 24th - Harmony Within
- 24th - SMART Recovery Family & Friends Meeting + SMART Recovery Meeting

July

- 1st - SMART Recovery Family & Friends Meeting + SMART Recovery Meeting
- 8th - SMART Recovery Family & Friends Meeting + SMART Recovery Meeting
- 15th - SMART Recovery Family & Friends Meeting + SMART Recovery Meeting
- 22nd - SMART Recovery Family & Friends Meeting + SMART Recovery Meeting
- 29th - Harmony Within
- 29th - SMART Recovery Family & Friends Meeting + SMART Recovery Meeting

August

- 5th - SMART Recovery Family & Friends Meeting + SMART Recovery Meeting
- 12th - SMART Recovery Family & Friends Meeting + SMART Recovery Meeting
- 19th - SMART Recovery Family & Friends Meeting + SMART Recovery Meeting
- 26th - Harmony Within
- 26th - SMART Recovery Family & Friends Meeting + SMART Recovery Meeting

September

- 2nd - SMART Recovery Family & Friends Meeting + SMART Recovery Meeting
- 9th - SMART Recovery Family & Friends Meeting + SMART Recovery Meeting
- 16th - SMART Recovery Family & Friends Meeting + SMART Recovery Meeting
- 23rd - SMART Recovery Family & Friends Meeting + SMART Recovery Meeting
- 30th - Harmony Within
- 30th - SMART Recovery Family & Friends Meeting + SMART Recovery Meeting